

Oliver Thomas Children's Centre Activity Calendar

1st July – 19th July 2024

For further information please call the childrens centre on -02085521177 option 3

Monday	Tuesday	Wednesday	Thursday	Friday
	* * * * * * * * * * * * * * * * * * * *	Stay & Play Babies Sensory Play 10:30 -11:30	Stay & Play Baby and Toddler 10:30 – 11:30 East Ham Library Term Time Only Little Champions 10:00- 11:00	Stay & Play 10:00 – 11:00 Under 5's
Stay and Play Story Time 1:30 - 2:30 Term time only	Stay & Play 1:00 - 2:00 Under 5's	Out and About Dates and times to be confirmed contact the Children's Centre for further information Booking required	Stay & Play 1:00 -2:00 Under 5's	Stay and Play Baby and Toddler 1:00 - 2:00 0 - 2years There will be no Children's Centre sessions on The 19th of July



Oliver Thomas Children's Centre Activity Calendar

Summer Time Table 22nd July – Aug 30th 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
The Centre will be	* * * * * * * * * * * * * * * * * * * *	Stay & Play Babies Sensory Play 10:30 -11:30 There will be no session on the 24th July	There will be no session on the 25 th July	the 26 th July
<mark>closed on the</mark> 26 th of August	Stay & Play 1:00 - 2:00	Play and Learning Workshops	Stay & Play 1:00 -2:00	Stay and Play Baby and Toddler
for the Bank Holiday	Under 5's	1:00 -2:00 From 18months	Under 5's	1:00 - 2:00
	There will be no session on the 23 rd July	Siblings up to 8 years	There will be no session on the 25 th July	0 - 2years There will be no session on
		welcome 31st July ~ Water Play 14th Aug ~ Slime 21st Aug ~ Science Booking Required Spaces Limited		the 26 th July



Oliver Thomas Children's Centre Activity Calendar

 $2^{nd} - 30^{th}$ of September 2024

For further information please call the childrens centre on -02085521177 option 3

Monday	Tuesday	Wednesday	Thursday	Friday
* (000)	Stay & Play Babies Sensory Play 10:30 -11:30	Stay & Play Baby and Toddler 10:30 – 11:30 East Ham Library	Stay & Play 10:00 – 11:00 Under 5's	
	* (7)	Talking Tots 10:00 – 12:00	Term Time Only	
	3 5	4 th & 11 th Sept By invitation only	Stay and Play Little Champions 10:00- 11:00	
Stay and Play Story Time 1:30 - 2:30	Stay & Play 1:00 - 2:00 Under 5's	Stay and Play 1:30 -2:30	Stay & Play 1:00 -2:00 Under 5's	Stay and Play Baby and Toddler 1:00 - 2:00
Term time only		Themed session on the 25 th of September		0 - 2years
		Playdough		
		Learn how to support your child's learning development through access to this wonderful resource		
		the acceptable agriculture of the acceptable and the acceptable agriculture of the acceptable and the acceptable acceptable and the acceptable		

There will be no activity sessions the week beginning the 2nd of September due to staff training

<u>Monday</u>

Breast Feeding Support

Every Monday 10:00 -12:00

Starting 9th Sept 2024







WE ARE SUPPORTIVE.





NEWHAM BABY FEEDING HELPLINE

Family Support

If you have any concerns in regards to housing, debt, benefits, parenting or you and your families well being in general please either call or drop into the Children's Centre to arrange an appointment with Alika our Family Support Worker who will be happy to support you



Other Sessions and General information

Tuesdays

Parents in mind

10:00 -11:30

Term Time Only

Are you pregnant or a new mum and feeling low, anxious, alone?

Come along to this nonjudgmental space to talk and gain support

For further information call 07525403673





Healthy Start Vitamins

You can receive free vitamins if you have a child under the age of 4yrs, are pregnant, or had a baby in the last 12 months.



Vitamins can be collected between 9:30 – 3:00pm Monday – Friday



Baby Weighing Clinic

1:00 - 3:00

17th July

21st Aug

18th Sept

Booking Required Call 020 3373 9983



Friday

Hestia support

Hestia provides domestic abuse support services

9:30 – 12:00 Booking required

Nursery Applications

If you are interested in your child attending Oliver
Thomas Nursery School, you can access an
application form from the school reception or you can
find it on line at

www.oliverthomas.org.uk/home/registration-form/

If you need support in filling in the form a member of the Oliver Thomas Children's Centre will be happy to help

Book Start Baby Pack

If you have a baby under the age of one, you are able to access your free bookbag from our Children's Centre

